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Newsletter: 11<sup>th</sup> July 2025

## Visible Consistency, Visible Kindness

In our penultimate week, we are proud of our pupils managing to keep focused and working hard in their lessons. They have been managing to cope with the heat and using the shade and indoors appropriately.

TrPr Class went for a trip to the Diglis Fish Pass which was very interesting despite not seeing a great deal of fish! Please see the photos below.

Next week, we will be holding a special Assembly to celebrate pupils' achievements across the year. Pupils have progressed and grown in so many ways and all our young people have achieved so much. They should be extremely proud of themselves.

Bankside has come a long way since last September, with an influx of new pupils and new staff which has made it a very interesting journey over the last 10 months.

We are preparing for the next academic year and will be sharing timetables with you next week to help ready pupils for next year and reduce anxieties ahead of the long summer break. We are very excited for the next academic year.

Jo M, one of our lovely TAs, is about to undertake a Fundraising adventure on behalf of the Breast Cancer Unit in Worcester. Please have a read of her poster below and support her in a way you can. She is training really hard. Good luck Jo!

#### Word of the Week

As a school we continue to follow our 'Word Aware' focus. Each week we pick a word and explore it's meaning to extend vocabulary and to develop understanding of more complex words.

Next week, our Word of the week will be "Relaxation"

Just as a reminder we are a **NO NUT** School, we have a number of pupils who have allergies, this includes for some pupils, coconut allergy, please be mindful of pupils using sprays or body lotions as they can be sensitive to this.

### **Important Dates**

#### **Summer Term**

Thursday 17th July - Last day of term

SCHOOL-TERM-DATES-25-26.pdf

#### **Autumn Term**

Wednesday 3<sup>rd</sup> September - First day of Autumn Term

## Anti-Bullying at Bankside

At Bankside, we are committed to promoting a safe, respectful, and inclusive school environment for every member of our community. Recent concerns have reminded us of the importance of addressing the serious issue of bullying—particularly when it is rooted in discriminatory attitudes or behaviours.

Bullying in any form is unacceptable, and when it targets individuals based on their race, religion, gender, sexual orientation, disability, or other protected characteristics, it crosses a critical threshold into discrimination. In the UK, these actions are not only harmful—they may also be unlawful under the **Equality Act 2010**. This legislation protects individuals from harassment and unfair treatment related to protected characteristics and applies within educational settings.

In addition, severe instances of bullying may be subject to further legal scrutiny under other legislation such as the **Protection from Harassment Act 1997**, which can involve police investigation and serious consequences beyond the school gates.

As a school, we take these matters extremely seriously. Pupils found to be engaging in bullying behaviour may face a range of natural consequences, including:

- Immediate consequences such as; community service and restorative justice
- Involvement of external agencies, including the police or safeguarding teams
- · Potential long-term impacts on educational and future employment opportunities.

We ask parents to support us in reinforcing the message that kindness, empathy, and respect for others are non-negotiable values.

Please speak with your young person about the importance of treating others fairly and encourage them to report any concerns they may have.

To support us in our endeavours to be a safe and inclusive space, we will be working with the pupils to create a contract that allows them to take ownership of their actions and supports with the clear and unwavering boundaries that we have in place.

#### Clinical Team News

#### Managing Interoception difficulties during hot weather

Interoception is the internal sense that helps individuals understand and respond to bodily signals such as thirst, temperature, fatigue, and discomfort. Young people with Interoception difficulties may struggle to recognise or interpret these signals accurately, putting them at greater risk during periods of extremely hot weather. In hot conditions, teens with interoceptive challenges may not realise they are overheating, becoming dehydrated, or physically unwell until symptoms become severe.

Strategies that may be helpful:

- Using daily visual check-ins with temperature or body-feeling charts
- Use technology to set timers or reminders for prompts to drink
- Practicing language around body states: "My hands feel sweaty" or "The skin on my face feels hot"
- Helping our young people connect feelings to actions: "If I feel hot, I can get water or sit in the shade"
- Using visual supports to show what clothing options would be appropriate for the temperature
- Encouraging body check-ins: "Do you feel too hot, too cold, or just right?"



## Options Autism Podcast – Autism Unpacked

There are now 9 episodes available to watch/listen to discussing different topics around Autism. Please follow the link and you can see what each episode covers.

Autism Unpacked Podcast - Options Autism



## **WCC Holiday Activities**

There are lots of groups and activities open to any child or young person who has a special educational need. In addition to the Short Breaks offer, children with SEND may also be eligible for the Holiday Activities and Food (HAF) Programme. The HAF Programme is a Department for Educations (DfE) funded programme for children in receipt of benefits related free school meals (FSM).

Activity clubs offer a range of support for children with SEND. Whilst all are inclusive, some more specialised than others and suitability can be discussed directly with providers on sign up. Please see below links to look at all available activities.

Short break groups and activities (SEND) | Worcestershire County Council

Holiday Activities and Food (HAF) Programme | Worcestershire County Council



## **Sports**

Worcestershire Cricket Foundation are holding Super 1s at Barnards Green Cricket Club every Monday from 5-6pm. You can read more here:

https://www.lordstaverners.org/how-we-help/charitable-programmes/super-1s/

https://worcestershirecricketfoundation.co.uk/disability-cricket/super-1s-hubs/





# JO'S FUNDRAISER FOR W.B.H.U CAN YOU HELP ME RAISE 1K?

This summer I am stepping right out of my comfort zone and taking part in some personal challenges to raise money for the Worcestershire Breast Unit Haven, a fantastic charity that has given me much needed and invaluable support over the past year.

I am going to be taking part in a Skydive at Hinton Airfield in Oxford, hiking the Yorkshire 3 peaks in 12 hours and running in the Worcester 10k city run.

Every penny raised will go directly to the Worcestershire Breast Unit Haven a local charity that relies entirely on public donations and provides practical and emotional support for Breast Cancer Patients across Worcestershire in addition to running vital support groups and funding physical activities to assist with the recovery from Breast Cancer. Every donation goes towards making sure no one faces Breast Cancer alone.

Donations/sponsorship can be made by scanning the QR code below which will take you to my Just Giving page.









All donations big or small gratefully received. Thank you for your support.

Alternative link if you can't scan the QR code

https://www.justgiving.com/page/jojoanne-martin-1?utm medium=FR&utm source=CL

## TrPr Class Trip – Diglis Fish Pass











