



# Bankside School

Headteacher: Kate Jasper  
The Rhydd (on B4211 Road), Hanley  
Castle, Worcestershire, WR8 0AD  
Telephone: 01905 388 897  
Email: [info@banksidecollege.co.uk](mailto:info@banksidecollege.co.uk)  
Website: [www.banksideschool.co.uk](http://www.banksideschool.co.uk)

## Newsletter: 9th May 2025

### Visible Consistency, Visible Kindness

A very successful week with two key highlights being Bankside winning GOLD in the Malvern Well and Water Festival and our participation in the RHS Malvern Spring Festival, where we won the Sustainability Award and got an overall Commendation for the garden. Fantastic on both fronts! Well done to everyone involved.

Pupils helped set up both displays and some students worked alongside the College to manage it all day Thursday, welcoming guests and sharing our garden ethos and ideas with the public. They were all great ambassadors for Bankside School and have gained valuable experience and life skills through engagement in the project.

Thank you to everyone for contributing plants and resources and we hope that many of you were able to go along to the show and enjoy our garden.

GCSEs start next week and pupils are working hard on their revision and within their lessons to prepare for these exams. For those directly involved in taking their GCSEs and Functional Skills, we wish you all the very best.

### Important Dates

#### Summer Term

<b>3<sup>rd</sup> – 11<sup>th</sup> May</b>	-	<b>Malvern Well Dressing and Water Festival</b>
<b>9<sup>th</sup> – 10<sup>th</sup> May</b>	-	<b>RHS Spring Garden Show at the Three Counties Show ground</b>
<b>23<sup>rd</sup> May</b>	-	<b>Break up from school</b>
<b>26<sup>th</sup> – 30<sup>th</sup> May</b>	-	<b>Half Term</b>
<b>2<sup>nd</sup> June</b>	-	<b>Back to school</b>

[SCHOOL-TERM-DATES-25-26.pdf](#)

Just as a reminder we are a **NO NUT** School, we have a number of pupils who have allergies, this includes for some pupils, coconut allergy, please be mindful of pupils using sprays or body lotions as they can be sensitive to this.

## This Weeks Recognition

Tom N	Focused work that showed awareness and poignancy when writing about the end of WWII
Oliver H	Skill shown when using discourse markers and sentence types in creative writing
Joe B & Hayward	For continued effort and representing the school positively at rock climbing
Becca C	For being a valued member of Laura's class and engaging within lessons
Etta M	For demonstrating resilience and commitment to her learning
Daniel R	Fantastic engagement and progress in Computing
Rupert	For amazing improvement to attendance
Ola	Excellent engagement and enthusiasm in Enterprise and supporting our RHS Malvern entry.
Jacob Sw	Attending two lessons in school this week as part of his transition plan. A great maths lesson and for demonstrating confidence and producing an excellent 3D computer-aided design model in his first computing lesson at Bankside.
Ewan	Engaging in maths well.
Sylvie	Engaging in maths well, also, being a wonderful friend to those her around her.
Daniel R	For embracing changes to his timetable with a positive attitude and has made staff feel welcome as his new teacher in lesson. Also, for even teaching staff new things!! Thank you, Daniel, for being so open, helpful and curious. Also, fantastic engagement and progress in Computing.
Carla's Class, Betty & Hannah	For excellent work towards the well project, for gaining GOLD for Bankside during the Malvern water festival - Super stars!
Etta	A big thank you for going above and beyond, creating beautiful additional crafts at home towards the well project.
Ren	For meeting his self-lead target attending sessions at school and for excellent engagement during PE this week.- Jade said you were a star!
Hannah	For demonstrating perseverance during a wet felting session

### Special Mention:

Sylvie, Archie Ho, William and Millie B

for their excellent listening skills when following instructions and team work when helping to build the school garden at the RHS Spring Show Malvern this week.

## Word of the Week

As a school we have introduced Word Aware. Each week we pick a word and explore it's meaning to extend vocabulary and to develop understanding of more complex words.

Next week, our Word of the week will be '**Restorative**'

## Clinical News

Mental Health Awareness Week will take place from 12<sup>th</sup> – 18<sup>th</sup> May 2025. This event provides an opportunity to increase understanding about mental health, and aims to reduce stigma surrounding mental health. The theme for this year is community. The Mental Health Foundation recognises the importance of having support networks on our mental health. Communities can be beneficial for our mental health as they can provide a sense of belonging and security. At Bankside School, we aim to create a supportive community that prioritises our young people.

For further information on Mental Health Awareness Week, please visit:

[www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week](http://www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week)



Active Herefordshire and Worcestershire, Herefordshire Council and Worcestershire County Council have joined together for a collaborative National Walking Month campaign across Herefordshire and Worcestershire.

As part of the campaign, there is also the #WalkThisMay challenge taking place between Monday 12<sup>th</sup> May and Sunday 25<sup>th</sup> May, where we are seeing how many times we can walk the length of the Herefordshire and Worcestershire border (53 miles) through attendance at the Wellbeing Walks in Herefordshire and the Health Walks in Worcestershire.

To learn more about the challenge, and to access the National Walking month Social media Toolkit, please visit the link provided: <https://www.activehw.co.uk/national-walking-month>

## RHS Malvern Spring Garden Show

Students from Bankside School assisted a team from Bankside College to construct the garden at the Three Counties Showground on Tuesday. They demonstrated great listening skills by carefully following instructions provided by the College Staff and worked very successfully as a team to help to create the garden according to the brief set. The Garden looked fabulous and the students were very proud of their work and the team effort that had gone into creating it.

On Thursday, the team of students returned to the show to talk about their garden to members of the public. The students represented the school well, showing impeccable manners and offering clear explanations and information about the garden design to people who stopped by to admire it.

Thank you to everyone from the College and School for the sculptures and contributions that helped to make up the garden look so great! Please see below a picture of our garden, there will be more photo's to follow.



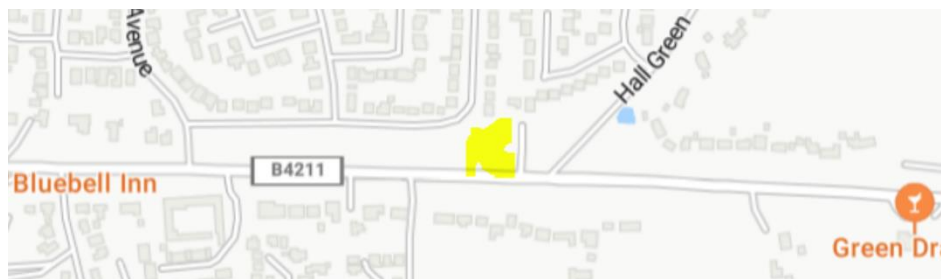


## Malvern Well Dressing and Water Festival

### We won GOLD!

Well done to all the pupils who were involved and, in particular, to Carla for engineering it all!  
Fantastic! We are so proud!

If you have the chance to go and have a look then please do!



The location is the Guarlford road in Malvern, I have attached a google map with yellow to site the rough location. The link to find more information is; <https://www.visitthemalverns.org/blog/malvern-well-dressing-festival-returns/>



# TIP

Our young people need support to regulate their emotions. At Bankside, we use the principles of 'Zones of Regulation' – we consider our zones, think about how they are presented and how they make us feel. We also discuss and work really closely to identify key strategies that help them move back up through the zones to green.

Have a think about your young person? What do you see in the red, yellow and green zone? What strategies work at home to help them regulate?



## Traffic Light What zone am I in?



Red Zone
<p>'Danger zone'</p> <p>Feeling lots of stress.</p> <p>Reacting before I can think.</p>
Yellow Zone
<p>Feeling a bit overwhelmed.</p> <p>Some stressors which may come and go.</p> <p>Risk of moving to red zone.</p>
Green Zone
<p>Functioning at my very best!</p> <p>Not feeling stressed.</p> <p>Able to think before I react.</p>



## Traffic Light Activity What zone am I in?



Green Zone	Yellow Zone	Red Zone
What does your Green Zone look like/What would others notice about you?	What does your Yellow Zone look like/What would others notice about you?	What does your Red Zone look like/What would others notice about you?
What does it feel like?	What does it feel like?	What does it feel like?
What helps to stay in the green zone?	What helps you to regulate from yellow to green?	What helps to move from red to yellow and gradually to green?