



Bankside School

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Visible Consistency, Visible Kindness

Where has this term gone?

A busy, fruitful four weeks for all our pupils at Bankside. Pupils have moved their learning forward in all areas across the curriculum and some of them have started on their examination journey! GCSEs continue after half term as well as the Functional skills accreditations.

The commitment and enthusiasm we have seen this term for additional activities, such as visits to Acton Mill Care Farm, rock climbing, the Malvern Well and water festival display as well as the RHS Garden has been rewarding and very positive to see.

Pupils are delivering well on our three key expectations...

- Punctuality and registration
- Lesson attendance
- Communication with staff.

We have lots of exciting trips and activities planned for next term and look forward to welcoming all pupils back after the half term period.

Enjoy your week!

Important Dates

Summer Term

26th – 30th May	-	Half Term
2nd June	-	Back to school
25th June	-	Parents/Carers' Evening

[SCHOOL-TERM-DATES-25-26.pdf](#)

Just as a reminder we are a **NO NUT** School, we have a number of pupils who have allergies, this includes for some pupils, coconut allergy, please be mindful of pupils using sprays or body lotions as they can be sensitive to this.

This Weeks Recognition

Archie Ha	For great effort and enthusiasm at climbing
Archie Co	For brilliant work in computing, following instructions to develop his skills and bring his snowman 'John Johnson' to life
Stan B	For pushing himself in maths and engaging with work that was outside his comfort zone
Ewan	For excellent perseverance and effort in all maths lessons. Your confidence is building each day and you are recognising this! Well Done!
Owen	For great attendance and engagement in RSE
Hayward	For excellent engagement on Tuesday with a whole GREEN day on the tracker!
Rupert	For showing determination to do a task he knew he wanted to do and enjoy and not listen to peer pressure from others! Well done for being independent in your choices!
Daniel R	For attending cooking this week and being an active learner in lesson.
Freya	Amazing attendance and positive interactions in class.
Ren	For beginning to build a positive working relationship.

Special Mention

This week's special mention goes to:

Ewan – You have been nominated by lots of different staff this week! You have shown perseverance and effort with great maturity in all lessons this week! You are starting to recognise your own effort too! Well done!

Word of the Week

As a school we have introduced Word Aware. Each week we pick a word and explore it's meaning to extend vocabulary and to develop understanding of more complex words.

Next week, our Word of the week will be "Optimism"

Clinical Teams News

How to set up a sensory circuit at home

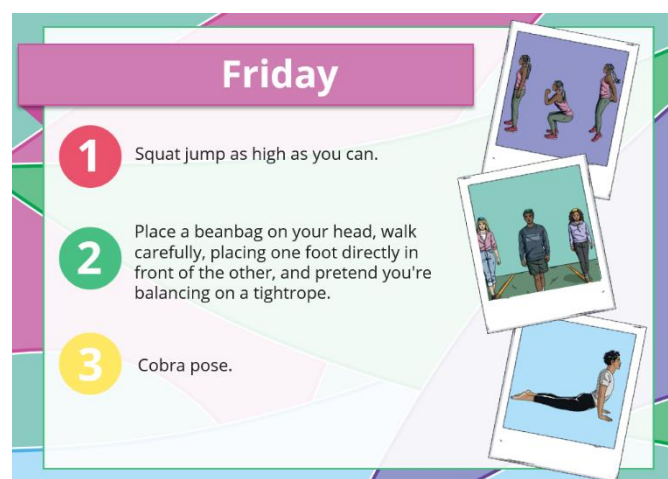
At Bankside, we offer daily sensory circuits to provide regulation opportunities for all our learners. Here is some information on how you can facilitate this at home over the half term.

Firstly – what are sensory circuits? Sensory Circuits use sensory-based movement activities which prepare our young people for the day's learning and help them to achieve the 'just right' level of alertness they need to concentrate. They are made up of around 15-20 minutes of activities to help with sensory regulation. The aim of setting up a sensory circuit is to provide a way young people to regularly receive controlled sensory input. A sensory includes three sections: **Alerting, Organising and Calming**. The idea is to move through these in this formation, as this has the most positive effect.

- **Alerting activities:** The aim here is to provide both vestibular (movement and balance) and proprioceptive (awareness of body in space) stimulation as these can help the young person to become more alert.
- **Organising activities:** This includes activities that provide a motor challenge and requires the young person to plan, organise and/or sequence their movement.
- **Calming activities:** These activities provide proprioceptive (deep pressure) input and heavy muscle work which can have a calming and organising effect.

You can find lots of example of activities that you could complete at home here:

- [Activity ideas for a Sensory Circuit - ADHD Foundation](#)
- Wye Valley NHS - [sensory-motor-circuits.pdf](#)



Some of the highlights from this term!



PE and Enrichment Trips



End of Term Treat!!

